

Learning Mnemonics: Can You Really Hack Your Memory?

Watch the video and answer the questions:

1. The sentences *My very educated mother just served us nachos* is actually a learning strategy. How does it work?
2. Why might some people not like this strategy?
3. In which context is the film 'Inside Out' mentioned? What do the memory orbs symbolize?



4. When can recalling information be easier?
5. What is the web of files? How does recalling information work? How is it connected to levels of processing?
6. Which memory hacks are mentioned in the video? Are they universal to everyone?
 - keyword method
 - method of loci
 - chunking