

## QUIZ

1. What is the solid state of water known as?
2. What is the chemical formula of water?
3. What percentage of water does the average human consist of?
4. How much water do we actually need to drink to stay healthy?
5. Does it always have to be water?
6. What can happen if we don't drink enough water?
7. Is it possible to drink too much water?

Watch the video to find out the answers 😊